How to Help Students in Distress



When to call 911 and/or RTC Security:

- Active shooter
- Violent behavior
- Concern for immediate safety
- Other imminent threat



When to contact Behavioral Health:

- Thoughts/ reports/ideas of harming themselves
- Thoughts/ reports/ideas of harming others
- Drastic change in behavior that raises a red flag for staff or faculty



When to refer a student to RTC Behavioral Health Dept (provide email or website information):

- Anxiety
- Depression
- Coping Skills
- Life Event



When to refer a student to other resources:

- College funding
- Sexual assault
- Drug and alcohol counseling
- Domestic Violence
- Housing
- INTERNAL: www.rtc.edu/orientation
- EXTERNAL: www.rtc.edu/ bh-community-resources

